2025 CMAS Pan-American Championship Freediving Indoor Junior - Senior



18th October - 23th October

Playa Del Camen, Quintana Roo - México

**INFORMATION PACK**

**Championship Host Invitation**

The Mexican Federation of Underwater Activities A.C. - FMAS is thrilled to invite athletes, coaches, and supporters from across the Americas federations to participate in the **2025** **CMAS Pan-American Championship Freediving Indoor Categories Junior - Senior**. This prestigious event will feature for both Men and Women.

Join us in Playa del Carmen, Quintana Roo, México, from **October 18th to October 23th, 2025**, at the renowned Alberca Olimpica Publica- Playa del Carmen Cancun. We eagerly anticipate your participation in this celebration of athleticism and camaraderie, as we come together to advance the sport of Freediving in the Americas.

Warm regards,

Jose Manuel Gonzalez

**General Information**



**Host City Location:** Playa del Carmen, Quintana Roo, México

**About Playa del Carmen**

Playa del Carmen is a coastal resort town in México, along the Yucatán Peninsula's Riviera Maya strip of Caribbean shoreline. In the state of Quintana Roo, it is known for its palm-lined beaches and coral reefs. Its Quinta Avenida pedestrian thoroughfare runs parallel to the beach, with blocks of shops, restaurants and nightspots ranging from laid-back bars to dance clubs.

**Venue Details**:Alberca Olimpica Pública

Overview

The Alberca Olimpica Pública is a complex in Playa del Carmen with a good pool to host different competitions.

[**Address**](https://www.google.com/search?sca_esv=32bd6f417b28bad2&sxsrf=AE3TifMBvJHHTSG8gTMuyJAs6p6PlChrvw:1751654045230&q=alberca+olimpica+p%C3%BAblica+playa+del+carmen+address&ludocid=9927824977570522810&sa=X&ved=2ahUKEwjprYrp66OOAxUtTDABHd-ACBsQ6BN6BAgrEAI)**: Av. Paseos del Mayab, 77710 Playa del Carmen, Q.R., México**

**Pool Specifications**

The complex features multiple pools tailored for various aquatic disciplines:

* **Competition Pool**: This Olympic-sized pool measures 50 meters in length and 25 meters in width, 10 lines, adhering to international standards for competitive freediving events.

**Facilities and Amenities**

The aquatic center is equipped with modern amenities to ensure a comfortable experience for athletes and spectators:

* **Seating Capacity**: The venue can accommodate up to 500 spectators, offering clear views of the competition area.
* **Locker Rooms**: Separate facilities for male and female athletes, each equipped with showers, restrooms, and secure lockers.
* **Medical Facilities**: On-site medical room staffed with professionals to address any health concerns during events, with ambulance on place.
* **Accessibility**: The complex is designed to be accessible, with ramps and designated seating areas for individuals with disabilities.



**General Rules**

• Only participants with a CMAS license are eligible to compete in the Championship.

• The registration of participants means that they accept and respect the championship rules, the safety conditions set by the organizers and the CMAS rules and regulations.

• Each country may enter a maximum of 6 athletes per age Junior and Senior category/ discipline/men/women.

• Entries must be submitted to CMAS portal within deadlines [https://portal.cmas.org/login.](https://portal.cmas.org/login)

• Registration must be done through National federation’s account.

• If the National federation has not yet an account pls contact CMAS admin at [joaojose@cmas.org](mailto:joaojose@cmas.org)

• Panamerican Seniors Championship will occur over 4 competition days.

• Panamerican Juniors Championship will occur over the same competition days and same registration procedure through CMAS portal.

• Masters have no limitations in athletes per country; their registration is by club. The Championship will occur over the same competition days but Masters will apply for individual registration by email. [fmaspresidencia@gmail.com](mailto:fmaspresidencia@gmail.com)

• Age Categories are as defined at the relevant CMAS freediving rules.

• According the rules: The sequence of the starts is based on the Personal Best of the athletes as noted at the registration of the athlete for an event. Personal Best is the best result in an official competition in the current or the previous year. In Static athletes can announce a time lower than their Personal Best. The athletes with the shortest time or the shorter distance will compete first while the athletes with the longer time or longer distance will compete last.

• National federations must register the actual official performances of all selected athletes to CMAS portal. If there is not existing an official performance it will count as zero (0) and the athlete will start first.

**SWIMMING POOL EVENTS:**

● Dynamic Apnea Without Fins DNF

● Dynamic Apnea with Bi-fins (DYN-BF)

● Dynamic Apnea DYN

● Speed Apnea 2x50

● Speed Apnea 4x50m

● Speed Apnea 8x50

● Static Apnea STA

**EVENT SCHEDULE 18-23 OCTOBER**

● Day 1 Arrival-registration Official training- Technical meeting for captains

● Day 2 Static Apnea STA - Speed Apnea 8x50 – Opening Ceremony.

● Day 3 Speed Apnea 2x50 - Dynamic Apnea with Bi-fins (DYN-BF)

● Day 4 Speed Apnea 4x50m – Dynamic Apnea Without Fins (DNF)

● Day 5 Dynamic Apnea with Fins (DYN) - Closing Ceremony

● Day 6 Departures

**SPECIAL NOTES:**

• All Junior and Senior athletes must be registered in CMAS portal wit CMAS license and ADEL certificate.

• Personal Insurance

• Medical certificate not older than 12 months

• ID document- Passport.

• Liability release document

Athletes that fail to provide the above documents will not be allowed to take part in the competitions, and their participation fee will not be refunded.

**COMPETITION SCHEDULE**

● Day 1 Arrival-registration Official training, technical meeting – October 18

● Day 2 Competition: Static – 8 x 50 Speed - Opening Ceremony – October 19

● Day 3 Competition: 2 x 50 Speed - DYN BF - October 20

● Day 4 Competition: 4x50 Speed – DNF - October 21

● Day 5 Competition: DYN - October 22

● Day 6 Departures - October 23

**SPECIAL NOTES:**

* All athletes Senior and Junior must be registered in CMAS portal wit CMAS license and ADEL certificate.
* ID document- Passport

Athletes that fail to provide the above documents will not be allowed to take part in the competitions, and their participation fee will not be refunded.

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| --- | --- | --- | --- | --- | --- | --- |
| **Oct 19** | | | **Oct 20** | | | |
| Sunday | | | Monday | | | |
| **Day 2** | | | **Day 3** | | | |
|  | |  |  | |  | |
| 09:00 | | **Static** | 11:30 | | **Speed  2 x50** | |
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| 12:00 | | **Speed  8 x50** | 12:00 | | **DYN BF** | |  |
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|  | |  | | |  | |  | | |  |
| **Oct 21** | | | | | **Oct 22** | | | | | **Oct 23** |
| Tuesday | | | | | Wednesday | | | | | Thursday |
| **Day 4** | | | | | **Day 5** | | | | | **Day 6** |
|  | |  | | |  | |  | | |  |
| 11:30 | | **Speed  4 x50** | | | 12:00 | | **DYN** | | | **Departure** |
|  |
|  |
| 12:00 | | **DNF** | | |  |
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The schedule of the program can be modified according to the needs of the organizers. Participating teams will be given all information regarding schedule changes.

**OFFICIAL LOC e-mail:**

[fmaspresidencia@gmail.com](mailto:fmaspresidencia@gmail.com)

**INTERNATIONAL JURY**

CMAS Technical Delegate and Judges according to the CMAS rules.

**PROTESTS**

According to the CMAS rules.

**DOPING CONTROL**

Anti-doping tests will be conducted during the championship according to the international rules of WADA and the CMAS anti-doping code.

The organizing committee guarantees to provide doping control according to the CMAS and WADA rules.

**MEDICAL SERVICES**

Medical doctors will be present during the competition and will provide first aid.

For more serious health issues, an ambulance will be outside the venue to transfer to the nearest state hotel. Health issues and need for hospital care from places other than the swimming pool must be taken care by the teams or by each person.

Medical and hospital expenses are upon teams-athletes.

**INSURANCE**

All teams must ensure that all their participants have adequate private health and repatriation insurance during 2025 CMAS PAN-AMERICAN CHAMPIONSHIP FREEDIVING INDOOR Cancun México.

The participants should purchase adequate medical insurance and repatriation insurance at their place of departure. The medical insurance shall at least cover accidental medical treatment, sudden illness, and hospitalization allowance.

The repatriation insurance shall cover the costs in case of an emergency where you need to return to your place of departure. All participants must have valid insurance and provide the insurance certificate upon request. CMAS, Mexican federation (FMAS) and Organizing committee will not be liable for any risks arising therefrom.

**RESPONSIBILITY**

CMAS, CMAS AMERICA Zone, FMAS, the organizing committee, Staff, Medical support, the Competition Director, Technical CMAS Delegate, Competition Officers, Judges, volunteers, and the Chief Judge are not responsible for accidents or damage caused to people and personal effects before, during or after the competition.

**PARTICIPATION FEES**

The registration fee is $180.00USD Dollarper athlete as Organizing Fees, if an athlete will also compete in finswimming, an additional $100 USD must be added. Airport–hotel–airport transportation is not included

Officials, coaches, assistants, must be registered to enter the pool, the registration fee is $50.00 USD per person.

Send email to email: [fmaspresidencia@gmail.com](mailto:fspan2025col@gmail.com) to bank details.

Reference payment: Country - Federation

**HOTEL OPTIONS**:

We recommended two hotels; each federation should contact directly to reservation and payment.

Hotel Aloft Playa del Carmen – [Aloft Playa del Carmen - Pet-Friendly Hotel with Outdoor Pool & Bar](https://www.marriott.com/en-us/hotels/cunla-aloft-playa-del-carmen/overview/?scid=f2ae0541-1279-4f24-b197-a979c79310b0)



[**Address**](https://www.google.com/search?sca_esv=11d9a1f180beb3e9&sxsrf=AE3TifPcJg8RpcM2w1HRe2haf3CY3UX5tw:1753201346915&q=aloft+playa+del+carmen+address&ludocid=3049116718501944975&sa=X&ved=2ahUKEwj8roL879COAxVpRjABHX6TG-AQ6BN6BAgiEAI)**:**Calle 34 Nte Manzana 100 Lote 3, entre 10 Av norte y 20 Av. norte, Gonzalo Guerrero, 77710 Playa del Carmen, Q.R., México

**Phone:**[+52 984 147 6565](https://www.google.com/search?q=hotel+aloft+4+estrellas+playa+del+carmen&sca_esv=11d9a1f180beb3e9&sxsrf=AE3TifOXdK0Up2_W07T0RM8Nb814XazTIQ%3A1753201330587&source=hp&ei=srp_aIiwIdmh5NoP25Wo4AY&iflsig=AOw8s4IAAAAAaH_IwvX68oiLNYY1pHx6gxSrtLxNDMW7&oq=Hotel+alof+4+estrellas+&gs_lp=Egdnd3Mtd2l6IhdIb3RlbCBhbG9mIDQgZXN0cmVsbGFzICoCCAAyBxAhGKABGAoyBxAhGKABGAoyBxAhGKABGAoyBxAhGKABGAoyBxAhGKABGAoyBxAhGAoYqwIyBxAhGAoYqwIyBxAhGAoYqwJI4TpQAFimLXAAeACQAQCYAc8BoAG_GKoBBjIuMjAuMbgBA8gBAPgBAZgCF6AC_&sclient=gws-wiz) or +529841886968

Email: [dora.cruz@aimbridge.com](mailto:dora.cruz@aimbridge.com)

Contact: Mrs. Dora Cruz.

Hotel Fiesta Inn Playa del Carmen – [Fiesta Inn Playa del Carmen | Hoteles en Playa del Carmen](https://www.fiestamericanatravelty.com/fiesta-inn/hoteles/fiesta-inn-playa-del-carmen)



[**Address**](https://www.google.com/search?sca_esv=11d9a1f180beb3e9&sxsrf=AE3TifOfqG76kQV3FmVwag3DKmxdfIDHbg:1753201280897&q=fiesta+inn+playa+del+carmen+address&ludocid=13477243688022609460&sa=X&ved=2ahUKEwi1-8Tc79COAxVCSjABHe7oO0IQ6BN6BAgqEAI)**:**Av. 10 Esq. con Calle 26. Col, 77710 Playa del Carmen, Q.R., México

**Phone:**[+52 984 206 5200](https://www.google.com/search?q=hotel+fiesta+inn+playa+del+carmen&sca_esv=11d9a1f180beb3e9&sxsrf=AE3TifN_ZsHs6xc_K8AhxUpITRxq1i-deg%3A1753201262836&source=hp&ei=brp_aJuUMdqIwbkPnbrtEA&iflsig=AOw8s4IAAAAAaH_Ifgvili-H8Oz21b_58e2FmRaxluni&gs_ssp=eJwNyLsNgCAQANDYmrgDFtYeCgYcwS0OvFMSxB-Fbq-vfGXVLq2UXmsLNp1QjA08hhWpvqPZyc6D4hEe58B469AwD4Z6NdXrnikKDnRnFCElcUR8Ucx_erw2Sh96ohul&oq=Hotel+fiesta+inn+playa&gs_lp=Egdnd3Mtd2l6IhZIb3RlbCBmaWVzdGEgaW5uIHBsYXlhKgIIADIXEC4YgAQYxwEYmAUYmQUYywEYngUYrwEyCBAAGIAEGMsBMgYQABgWGB4yBhAAGBYYHjIGEAAYFhgeMgYQABgWGB4yCxAAGIAEGIYDGIoFMgUQABjvBTIFEAAY7wUyCBAAGIAEGKIESNqAAVAAWKpQcAB4AJABAJgBkAKgAYwbqgEGNC4xNC40uAEByAEA-&sclient=gws-wiz) or +52 28585255

Email: [lizeth.hernandez@posadas.com](mailto:lizeth.hernandez@posadas.com)

Contact: Mrs. Lupita Gómez or Mrs. Lizeth Hernandez

The delegation that uses these two-hotels options the internal transportation (hotel pool – pool hotel), during the competition event is included. The bus will depart from Solidarity Municipal Sports Institute - [**Address**](https://www.google.com/search?sca_esv=2dc8bb8b89129ca2&sxsrf=AE3TifPX1WZFX7rm3G-Z2NGqIY39PUriNQ:1753212863194&q=solidarity+municipal+sports+institute+playa+del+carmen+address&ludocid=14965189609414321718&sa=X&ved=2ahUKEwiXpLTvmtGOAxXRSTABHdr6AE4Q6BN6BAgkEAI)**:**20, Calle 34 Norte, 10 Avenida Nte., Gonzalo Guerrero, 77710 Playa del Carmen, Q.R., México

*If you choose a different hotel, transportation will not be included.*

**DEADLINES FOR ENTRY AND PARTICIPATION**

• Initial entry form Annex 1, any time from but **not later than September 1st 2025**

• Registration at portal and payment of CMAS fees and licenses No later **than September 30th 2025**

• Full competitor list form Annex 3 form and full payment No later **than September 15th 2025**

• Confirmation of Payment Annex 4 No later **than September 15th 2025**

• Participation Form for athletes Annex 5 form, Liability form, medical certificate, insurance no later **than September 15th 2025** or hand-deliver it to organizing committee delegate on-site. This annex is mandatory.

**PAYMENTS**

Full amount should be transferred to LOC no later **than September 15th 2025.**

After this date, the participation fees will increase by 10% of the total amount. The remaining payment should be paid upon arrival.

Receipts of the payments will be available at the competition time. We need **full data** (name of organization, full address, Tel) and copy of the transfer, to create the receipts and/or invoices.

If it is need for a receipt earlier or upon transfer, you must send a requesting email with full data of the organization-athlete and a copy of the transfer.

**REGISTRATION**

Registration entries must be entered online through, <https://portal.cmas.org/login> Opening date of registration: **Open August 1st 2025** Closing date of registration: **September 30th 2025.**

For further information, please contact us at the following email address: [fmaspresidencia@gmail.com](mailto:fmaspresidencia@gmail.com)

**VISA**

If you require a letter for visa, please contact the organizing committee. Send us the visa form fulfilled [fmaspresidencia@gmail.com](mailto:fmaspresidencia@gmail.com)

**REFUND POLICY**

1) Requesting Removal from the competition

• 1a. Teams or athletes requesting to be removed from the competition need to do so via email to LOC, by the captain or the coach of the team. We will use the date and time stamp as verification to when the request was sent. Phone calls, messages and texts will not be accepted.

• 1b. Any team or athlete that requests to be removed from the competition, before 30 days of the start date of the competition, will be removed with no administration fees accessed and full refund.

• 1c. Any team that requests removal from the competition 30 days or less from the start date, will have a 100 USD per person, administration fee, deducted from their entry fee. The refund will be 50% at the remaining amount.

• 1d. No refund will be issued for hotel or transfer expenses if less than 30 days.

2) No refund will be issued to any team or athlete that requests removal from the competition 18 days or less from the start date of the competition.

3) None paid teams or athletes, will not be allowed to participate until the fee is paid.

Note:

**REGISTRATION FOR MASTER COMPETITION**

Registration entries must be entered through email [fmaspresidencia@gmail.com](mailto:fmaspresidencia@gmail.com) Opening date of registration: Open August 1st 2025 Closing date of registration: September 30th 2025.

It is the same fee and conditions as Seniors event, the master will compete by club or nation depend of the federation.

For further information, please contact us at the following email address: [fmaspresidencia@gmail.com](mailto:fmaspresidencia@gmail.com)